

KNOW YOUR IDEAL BODY WEIGHT:

The appendix B and C, contain two tables. One of them helps you calculate your ideal body weight and the other helps you determine your body mass.

The minimal conditions to consider a person a candidate for this surgical treatment is that they weigh more than 100 lbs. or more of their ideal body weight, or that their body mass is superior to 40 or more.

Occasionally there will be the possibility of an intervention in cases in which the patients corporal body mass is 35 or superior.

If his doctor determines that his health conditions in relation with his obesity deserve medical assistance of weight loss, surgery might be the only way to achieve the weight loss needed.

What does morbid obesity or clinically grave obesity consist of?

Obesity becomes morbid when the risk of one or more health conditions become higher, or when grave illnesses related to obesity cause any physical discomfort and eventually even death.

When you consult the topic of morbid obesity you can also find the term "clinically grave obesity". Both are the description of the same condition and can be used indistinctively.

Generally, morbid obesity is defined by the fact of weighing 100 lbs or over of your ideal body weight, or having a high index of corporal body mass of 40 or higher.

According to the Consensus of the National Institutes of Health, morbid obesity is a serious disease and should be treated as one. It is a chronic disease, which means the symptoms will accumulate little by little during an extended period of time.