

PROCEDURES:

What procedure is best for you?

The most important step that you must take when you choose a weight reduction surgery is to get as much information as you need about other surgical alternatives.

Basically, your surgeon and other doctors constitute your best source of information about the procedure recommended. When you ask a question make sure you understand the answer. Do not hesitate to ask for a clear explanation.

The decision to undergo a surgical procedure to reduce weight could require more than one professional consultation. Ask your doctor about other patients who have undergone this type of surgery, and who are willing to share their experiences with you.

Maybe you want to research about the treatment on your own at your local library or on the Internet. Like any medical research, make sure that your sources come from well-known and responsible experts in the field, which you are researching.

An excellent source about weight reduction surgery is the American Society for Bariatric Surgery (ASBS). In the introduction of this text you will find information on how to contact them.

Even if the results of the surgical treatment for weight reduction are radical, this procedure presents risks and potential complications. Before making a decision, you must be well informed.

These steps are necessary if you are going to give an "informed consent" for the procedure. An Informed Consent is a legal term, which means that the patient agrees to have received and understood the pertinent information about the benefits and risks of the procedure, this is enough to have made the correct choice.

Before the procedure, your surgeon will ask you to sign a consent form.

Before signing, you must fully understand what is about to happen.

You must know what is needed to live well after the surgery and you must be aware of the signs and complication symptoms that might appear after the surgery.

Dr. Alberto