

TREATMENT:

How efficient is the surgical treatment for obesity?

The real amount of weight a patient loses after the procedure depends on various factors like: the age of the patient, the weight before the surgery, the patients general health condition, the surgical procedure, the capacity of the patient to exercise, the patients commitment on maintaining the diet and other follow up care, the patients motivation and the family and friends cooperation.

Generally, the surgery is considered successful when 50% or more of the body's corporal overweight is lost and keeping this level for at least 5 years. Clinical records vary according to the different procedures mentioned in this brief. The results can also change according to the surgeon.

Ask your doctor for the clinical information that states the results of the procedure he recommends. Clinical studies reveal that in the post-op the majority of the patient's lose weight rapidly and continue doing it through the first 18 to 24 months after the procedure. In the first 6 months the patients can lose from 30 to 50% of their overweight and also 77% of the excessive weight at 12 months after the surgery. Another study showed that the patients could keep the weight off from 50 to 60% in the first 10 and 14 years after the surgery.

The patients with higher IMC levels generally tend to lose more weight. The patients with lower IMC levels lose a higher percentage of their overweight and probably get closer to reaching their ideal corporal weight.

Patients with type diabetes 2 tend to show a minor global reduction of overweight than patients that don't suffer this disease. It has been discovered that the surgery is efficient in the improvement and control of many health conditions related with obesity.

A study of 500 patients done in the year 2000 showed that 96% of certain related health conditions that were studied (back ache, sleep apnea, hypertension, depression, and diabetes) were improved or solved.

For example, although many patients with type diabetes 2 have shown a minor global reduction of overweight, they solved their diabetic condition in an excellent way, to the point that its necessity to continue with the medicine was very slight.

Dr. Alberto