

## What causes morbid obesity?

The causes of morbid obesity are multiple and complex.

Contrary to what might be believed, obesity doesn't just mean eating excessively. Researches have revealed that, in many cases, a significant underlying cause of morbid obesity is from genetic origins.

Studies show that, once rooted the problem, there are not many things such as dietary regimens and exercise programs that can provide a long-term relief.

Science continues looking for answers. Never the less, until there is no sure knowledge of the disease, the control of overweight is something the patients must work on for their whole lives.

That is why it is important to understand that not all medical interventions, obesity surgery treatments included, should be considered a medical cure.

Better yet, it's about the intent of reducing the effects of overweight and relieving the physical, emotional and social consequences of this serious illness.

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