

What does morbid obesity or clinically grave obesity consist of?

- Obesity becomes morbid when the risk of one or more health conditions become higher, or when grave illnesses related to obesity cause any physical discomfort and eventually even death.

When you consult the topic of morbid obesity you can also find the term “clinically grave obesity”. Both are the description of the same condition and can be used indistinctively.

- Generally, morbid obesity is defined by the fact of weighing 100 lbs or over of your ideal body weight, or having a high index of corporal body mass of 40 or higher.

According to the Consensus of the National Institutes of Health, morbid obesity is a serious disease and should be treated as one. It is a chronic disease, which means the symptoms will accumulate little by little during an extended period of time.

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